

AMERICAN ★ DREAMS[®]

T V S H O W



Ingrid Lemme

AMERICAN DREAMS SHOW ~ 14 YEARS ON THE AIR

AMERICAN DREAMS SHOW FILMED AT GURNEY'S INN RESORT & SPA ON THE OCEAN IN MONTAUK, NEW YORK AND AIRED ON HAMPTONS TV - WVVH TRI STATE NEW YORK



ON THE SET: ACTRESS AIDA TURTURRO WITH INGRID LEMME

American Dreams® Show

Celebrating our 14th Anniversary, based in the Hamptons of Long Island, New York
A Talk Show about People, their Heritage, Goals, Struggles and Dreams.

Quicksilver's world famous ROXY Surfer Girls Sally Fitzgibbons and Kassia Meador and Olympic Gold medal winner Torah Bright appeared September 2011 on the American Dream Show.



On the set with ROXY Pro

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A show about people, their hopes, their dreams . . .



Ingrid Lemme resides in Montauk, Long Island, New York where she films her TV shows at Gurney's Inn Resort & Spa overlooking the ocean.

www.AmericanDreamShow.com

Ingrid Lemme, a member of the original Seven Stars and Stripes founders board, is well into the 14th season of her popular TV program, "The American Dream(s) Show". Produced and directed by brothers Ernest and Gregory Schimizzi of Hamptons TV and Paul Monte the CEO of Gurney's Inn in Montauk "The American Dream Show" zeroes in on the heritage, family and the dreams of celebrities and successful people, as host Lemme provides her viewers with the inside story on how those dreams became a reality.

Recorded at Gurneys and aired on WVVH Hamptons TV (channel 78), "The American Dream Show" goes out to over five million homes in the tri-state area of New York. The award-winning program showcases Lemme's astute interviewing skills, she has sat down with around 500 guests over the years in a live format. Lemme has a way of delving into each guest's story to bring out the gems of experiences that help define who they really are. The viewer is witness to this "getting to know you" process.

A highlight of a recent taping session, where an astounding 10 shows were produced, was the segment with Aida Turturro, a Montauk resident/TV ("The Sopranos") and film star, who talked about why she has adopted Montauk as her new home. The show with Angelique Monet, who founded the Black Film Festival, was also engaging-and entertaining, as the actress showed off her ventriloquist skills. In another program, Lemme explores the styles and insights of Cognac Wellerlane, the red carpet celebrity interviewer on the East End.

Seven Stars & Stripes Award

Recipients are often featured on the 'Dream Show'

Lemme had an in-depth interview with Bill O'Reilly, probably the most controversial and most

talked about TV journalist world wide. Invited guests enjoyed a fabulous ½ hour with Ingrid and "The No Spin Zone" man who had the audience at times in tears, stunned or hysterically laughing. Bill was certainly fresh, and bold in true Factor style, but at the same time quite charming. He signed books, granted the 'by invitation only' audience photo opportunities and stayed for lunch. With the backdrop of the Atlantic Ocean, "The American Dream Show" provides a forum where interesting stories are brought to life.

"Lemme Travel"
The American Dream Show team invites frequently quests



Ingrid Lemme on a trip through the jungle of Costa Rica, base Tabacon Resort

that are affiliates of Seven Stars and Stripes.

"When one lives in Montauk on the ocean there is very little else to desire. Little did we know. But there comes a time in everyone's life where one needs to get away, even from paradise."

Ingrid Lemme invited

Uwe Wagner, the CEO of Tabacon Grand Spa Thermal Resort, one of the world's best hot springs destination spas. Uwe introduced Ingrid to the 'Huey Temazcal Aahuatlan', an exclusive therapy based on ancient Mesoamerican rituals, the first of its kind to Costa Rica. Temazcal is a pre-Hispanic steam bath

ritual that is widely used in Mesoamerican cultures, intended as both a spiritual and physical cleansing experience. The experience takes place in a womblike well rounded structure, where energy from the center of the earth and from all four winds is summoned and flows in circular motion in direct relation to the natural elements, which make up this magical place: Earth, Water, Fire and Air. "Having lost my husband recently due to cancer, I experienced here a rebirth, which I wish, every person who is grieving could/would as well." ~ Ingrid Lemme

Ms. Lemme favorite quote:

"Dance like nobody's watching; love like you've never been hurt. Sing like nobody's listening; live like it's heaven on earth"

~ Mark Twain



Seven Stars and Stripes logo

